

FOOD MENU



EARLY MORNING DELI SUNRISE SELECTION

EGG MAYO ON SOURDOUGH Boiled egg, tangy mayo, onion, parsley & crispy bacon	70
SELECTION OF QUICHES Ask for the quiche of the day	SQ
OPEN CROISSANT Marinara, melted cheddar cheese, bacon & fresh rocket	95

ALL OUR SANDWICHES ARE MADE USING LOCAL ARTISAN SOURDOUGH TOASTED OR FRESH

MOZZARELLA & CHEDDAR CHEESE	50
MOZZARELLA, CHEDDAR CHEESE & TOMATO	60
GRILLED BACK BACON & CHEDDAR CHEESE	65
SALAMI, GOATS CHEESE, MOZZARELLA & CARAMELIZED ONION	85
CAJUN GRILLED CHICKEN MAYO	85

SALAD BOWLS

CHICKEN CAESAR SALAD Grilled chicken, crispy pancetta, mixed leaves, cucumber, garlic & herb croutons grated pecorino cheese, fresh basil & caesar dressing	95
GREEK SALAD Mixed leaves, cucumber, tomato, feta cheese, olives & house dressing	65
FULL HARVEST PASTA SALAD Spiral pasta salad, honey roasted butternut, baby spinach, pumpkin seeds, cranberries rocket, feta & meso dressing	95

POKE BOWLS

Edamame beans, bean sprouts, red onion slaw
cucumber, pickled carrot, avocado, sushi rice
sweet & sour pineapple, toasted sesame, curry
garnish, Togarashi dressing, wasabi
& Japanese ginger

Togarashi Tuna	175
Salmon Sashimi	185
Tempura prawn	185
Pickled Exotic Mushroom	160

SOUL FOOD

**SPINACH & FETA LASAGNE FOR 1
WITH A SIDE GREEK SALAD**
145

**LASAGNE FOR 1 SERVED WITH
CHOPPED GREEK SALAD**
175

FOOD MENU



FRESH PIZZA Gluten free base 35

FOCACCIA		85
Garlic, feta, olive oil & fresh herbs		
MARGHERITA		105
Classic tomato sauce, mozzarella cheese, parmesan & fresh basil		
BACON & PINEAPPLE		120
Classic tomato sauce, mozzarella cheese, bacon & pineapple		
GARDEN		135
Mixed peppers, mushroom, onion & mozzarella cheese		
BACON, FETA & ROCKET		145
Classic tomato sauce, mozzarella cheese, bacon, feta & rocket		
STICKY PEPPERONI		150
Pepperoni, caramelized onion, olives & mozzarella cheese		
CAJUN CHICKEN		165
Cajun chicken, mozzarella cheese, garlic mayo, caramelized onion & fresh coriander		
THE MEG		175
Olive oil, goats cheese, pancetta, preserved green fig, mozzarella cheese & smoked chilli flakes		
THE MOBSTER		185
Salami, pepperoni, bacon, garlic confit aioli, mozzarella cheese & pickled red onion		

SUSHI PLATES

CALIFORNIA ROLLS

	4's	8's
Tuna	70	130
Salmon	80	140
Prawn	80	140
Avo ✓	60	110

RAINBOW ROLLS

	4's	8's
Tuna	80	150
Salmon	90	160
Monarch ✓	75	130

MAKI

	4's	8's
Tuna	55	100
Salmon	60	110
Prawn	60	110
Avo ✓	40	75

SHASHIMI

	3's
Tuna	85
Salmon	95

TEMPURA ROLLS

	4's	8's
Tuna	90	160
Salmon	95	170
Prawn	95	170

NIGIRI

	2's
Tuna	65
Salmon	70
Prawn	70

SEE OUR SUSHI PLATTERS AVAILABLE